

Live Life Well @ School

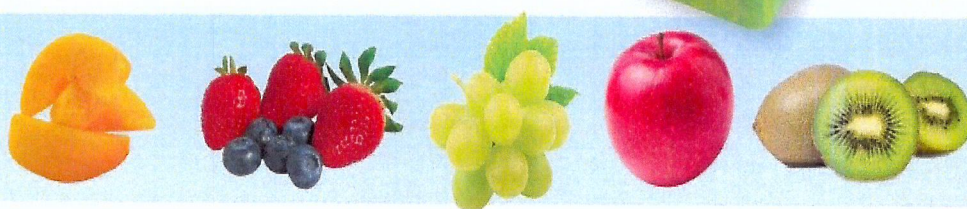
HEALTHY LUNCH BOXES

Pack your child a
**HEALTHY
LUNCH BOX**

Choose a variety of foods from each food group



Fruit



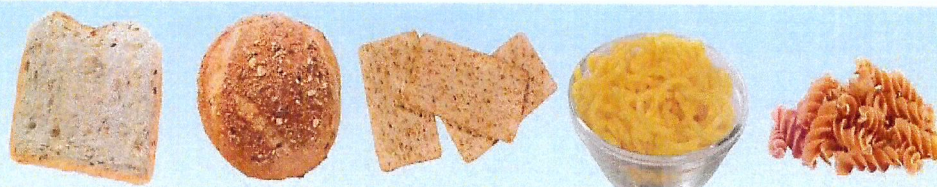
Vegetables



Dairy



Wholegrains



Lean meat
& alternatives



A Healthy Lunch Box